

SOS Recovery Coach Academy

SOS Recovery Community Organization is a collaborative of peers in recovery from addiction and their allies working together to create safe spaces and peer-based recovery supports throughout Strafford County. SOS and its **Recovery Community Centers** exist to bolster and grow the local recovery community through:

- Recovery Coaching
- Meetings and workshops
- Support for all pathways to recovery
 - Organized advocacy
- Partnerships with diverse community organizations
 - Volunteerism





VISIT US ONLINE

WWW. SOSRCO.ORG

SOS RECOVERY COMMUNITY ORGANIZATION

311 ROUTE 108, SOMERSWORTH NH INFO@SOSRCO.ORG (603)841-2350



SOS RECOVERY COMMUNITY CENTER: ROCHESTER

63 S. MAIN ST **ROCHESTER NH 03867** ELIZABETH@SOSRCO.ORG (603)841-2350

"Through SOS I have found new friendships and built strong relationships with other people in recovery. It provides a safe and judgment free zone for me and others, as well as multiple pathways to recovery. SOS has helped me find a passion for life that I didn't know I had. I just love the community I've found here." Amanda A.



SOS RECOVERY COMMUNITY CENTER DOVER

4 BROADWAY DOVER NH 03820 LAINA@SOSRCO.ORG (603)841-2350 RICHARD@SOSRCO.ORG (603)841-2350







How Can We Help With Your **Recovery** Today?

Peer-based Addiction Recovery Support for Strafford County

(603) 841-2350



White Water Rafting in Recovery

WHAT IS A RECOVERY COMMUNITY CENTER?

A Recovery Community Center (RCC) provides a combination of information and social supports designed to be responsive to a range of needs from early recovery to long term sustained recovery. The services developed in each center grow out of the identified needs and interests of each of the local recovering communities being served. Each center offers a variety of programs, events and services for multiple pathways to recovery including Peer Recovery Coaches, Telephone Recovery Supports, Meetings and special programs such as Mindful Art in Recovery, Yoga, Music in Recovery, Creative Writing and more. Check out our Centers' calendars at www.SOSRCO.ORG

At any given moment you have the power to say, 'This is not how my story is going to end.'

OUR MISSION:

The mission of SOS Recovery

Community is to reduce stigma and harm associated with substance misuse by providing safe space and peer based supports for people in all stages of recovery.

VISION:

SOS Recovery Community envisions a world where recovery from addiction to alcohol and other drugs is possible, and widely embraced, through low barrier access to inclusive and respectful support, and where all who seek long-term recovery have access to the care and resources they need to achieve their self-defined goals.



GET INVOLVED

There are as many opportunities to serve as a SOS volunteer as there are people willing to offer their time and talents. Below is a sample of volunteer opportunities available. Please stop by one of our Centers to find other ways you can join in.

Recovery Coach: One-on-one, ongoing coaching relationship consisting mainly of assisting with obstacles in recovery and accountability with the Recoveree's Recovery Wellness Plan.

Crisis Response Coach: Meets individuals in our centers or offsite in hospitals or other locations for a variety of substance use related emergencies, including referrals through "SOS Responds" program.

Volunteer Supervisor: Coordinates various volunteer activities.

TRSS (Telephone Recovery Support Services) Volunteer: Makes weekly phone calls to provide peer to peer support, encouragement and updates of programming at SOS Centers.

Outreach Volunteer: Assists with community outreach programs and opportunities.

Greeter: Welcomes people into the center, gives tours and explains programs and services available.

*Some volunteer positions may require specific training and/or orientations, all available through SOS Recovery Community Organization.